

OCTOBER 2026

SUN	MON	TUE	WED	THUR	FRI	SAT
				1 Seniors Social 9:00 Bible Study 10:00 Chorus 10:00 Sports Club 12:00	2 80's Line Dancing Party 9:00 Podcast 10:00 Bingo 12:00 Basketball Game 1:15	3 Girl Scout Troop 1414 Volunteers for Pine Castle Group Homes
4	5 Walking Club 9:00 CPR/FA Training 9:30 Open Gym 10:00 Radio Club 10:00 Band Practice 12:00	6 Open Gym 9:00 Seniors Social 9:00 Bible Study 10:00 Band Practice 12:00 Chair Exercises 12:00 Courtyard Games 1:00	7 Bolles Volunteers Walking Club 9:00 Shopping Trip Outing 10:00 Radio Club 10:00 Music Club 12:00	8 Seniors Social 9:00 Bible Study 10:00 Chorus 10:00 Sports Club 12:00	9 Spooky Door Decorating Contest! Game Club 9:00 Podcast 10:00 Bingo 12:00 Basketball Game 1:15	10
11	12 JU Students Volunteers Walking Club 9:00 Open Gym 10:00 Radio Club 10:00 Band Practice 12:00	13 Baptist Health Volunteers Open Gym 9:00 Seniors Social 9:00 Bible Study 10:00 Band Practice 12:00 Flager Men's Basketball Game 12:30	14 Walking Club 9:00 New Staff Orientation 9:30 Radio Club 10:00 Music Club 12:00	15 Seniors Social 9:00 Bible Study 10:00 Chorus 10:00 Sports Club 12:00	16 Pumpkin Design Contest! Game Club 9:00 Podcast 10:00 Basketball Game 1:15 	17 Special Olympics Florida: Race For Champions
18 	19 Walking Club 9:00 Open Courtyard 10:00 Radio Club 10:00 Band Practice 12:00	20 Pine Castle Inspirations Luncheon Seniors Social 9:00 Bible Study 10:00 Courtyard Games 1:00	21 Walking Club 9:00 Radio Club 10:00 Pumpkin Patch Outing 11:30 Music Club 12:00	22 Seniors Social 9:00 Bible Study 10:00 Chorus 10:00 Civitan 11:45 Crazy Sock Day 10/23! Wear your wacky socks in honor of Down Syndrome Awareness Month	23 Jacksonville Zoo Educational Program Game Club 9:00 Podcast 10:00 Bingo 12:00 Basketball Game 1:15	24 Flashbacks at the Riverside Arts Market 10:00-11:00 
25	26 Walking Club 9:00 Seniors Outing: Rivers Edge Park 10:00 Open Gym 10:00 Radio Club 10:00 Movie Club 12:00	27 Open Gym 9:00 Seniors Social 9:00 Bible Study 10:00 Band Practice 12:00 Chair Exercises 12:00 Courtyard Games 1:00	28 Walking Club 9:00 Radio Club 10:00 Art Club w/ Activities Coordinator 11:00 October Birthday Music Club 12:00	29 Seniors Social 9:00 Bible Study 10:00 Chorus 10:00 Garden Club 10:00 Flashbacks Spooky Concert 12:00	30 Halloween at the Castle! GW Trucks & University Christian Volunteers	31 

IMPORTANT INFORMATION & REMINDERS:

- **Drop-off is between 8-8:30 a.m. and pick-up is between 2:30-3 p.m.**
- To ensure our participants' success in the program, we do request that you adhere to the day program's operating hours of **8:30 a.m.-2:30 p.m.**
- All individuals scheduled to attend outings will receive an invitation with details prior to the event notifying caregivers and participants.
- **PCE Tours are indicated by the highlighted dates.**

October 2026 Café Menu on back →

OCTOBER CAFÉ MENU 2026

SUN	MON	TUE	WED	THUR	FRI	SAT
				¹ Beef Ravioli, Side Salad Garlic Bread	² Fish n Chips, Green Beans, Tartar Sauce	³
⁴	⁵ Turkey Sandwich, Fruit Salad, Chips	⁶ Chicken Alfredo, Side Salad, Dinner Rolls	⁷ Meatloaf, Roasted Potato, Vegetable Medley	⁸ Turkey Burger, Tater Tots, Fruit Salad	⁹ Hot Dogs, Potato Wedges, Baked Beans	¹⁰
¹¹	¹² Chicken Tenders, Curly Fries, Corn	¹³ Ham & Cheese Sandwich, Chips, Pudding, Fruit	¹⁴ Baked Chicken, Mac & Cheese, Broccoli	¹⁵ Spaghetti with Meat Sauce, Caesar Salad, Garlic Bread	¹⁶ Baked Fish, Rice Pilaf, Peas & Carrots	¹⁷ 
¹⁸ 	¹⁹ Cheeseburger, Chips, Pasta Salad	²⁰ Turkey Sub, Fresh Fruit, Chips	²¹ Chicken Marsala, Spaghetti, Side Salad, Garlic Bread	²² Pulled BBQ, Chicken Sandwich, Coleslaw, Potato Wedges	²³ Fried Chicken, Mash Potato, Gravy, Collard Greens	²⁴
²⁵	²⁶ Corn Dogs, Chips, Fruit Salad, Pudding Cup	²⁷ Chicken Stir Fry, Fried Rice, Egg Rolls	²⁸ Baked Chicken Leg Quarters, Vegetable Medley	²⁹ Beef Marinara Ziti Bake, Side Salad, Garlic Rolls	³⁰ Halloween Bonanza 	³¹

IMPORTANT INFORMATION & REMINDERS:

- **Breakfast Specials – Any 3 items + 1 drink for \$5.00**
Meats: Sausage, Bacon, Turkey Sausage, or Turkey Bacon
Sides: Grits, Tater Tots, Biscuit & Gravy, or Toast
Main Items: Eggs (2), Pancakes (2), or French Toast (2)
Drinks: Coffee, Orange Juice, Lemonade, Tea, or Fruit Punch
- The **\$8** lunch meal includes an entrée, sides, and a drink.
 Available drink options now include fruit punch, lemonade, unsweet tea, sweet tea, or bottled water.

Cafeteria Hours:

- 8:00 AM - 9:00 AM: Open
- 9:00 AM - 10:00 AM: Closed (Participant Training & Curriculum)
- 10:00 AM - 1:30 PM: Open

Last Orders Taken at 1:30 PM